



FACT SHEET

- WHAT:** The 40th annual Frehofer's Run for Women, a nationally recognized 3.1-mile road race featuring a 5K fitness run
- WHEN:** Saturday, June 2, 2018 at 9 a.m.
- WHERE:** Washington Avenue (adjacent to NYS Capitol)
- WHO:** More than 3,200 recreational and elite runners from 22 states
- RECORDS:**
- FRW Washington Ave. Course Record: 15:38, Emily Chebet, KEN (2015)
 - FRW Madison Ave. Course Record: 15:12, Emily Chebet, KEN (2010)
 - US & World Best 5K Road Race Record: 14:40, Molly Huddle, Providence, RI (B.A.A. 5K, 2015)
 - FRW Masters (Over 40) Course Record: 15:48, Colleen DeReuck, USA (2004, Current Masters World Record)
- MOST WINS:** 8, Lynn Jennings (USA), 1987-1988, 1990, 1993-1996, 1998
- NATIONAL RECORDS:** Carmen deOliveira (BRA), 15:39 (1992)
- OLDEST/YOUNGEST COMPETITORS:**
- Nancy Gerstenberger, Albany, N.Y. (88)
 - Makena Laurie, Gardiner, NYJ. (7)
- Number of Pre-Registered Teams:**
- Mother/Daughter: 65
 - Friends and Family: 41
 - Sister/Sister: 32
 - Grandmother/Mother/Daughter: 6
 - Corporate: 6
 - USATF Clubs: 12
 - High School: 8
- RECENT FIELDS:**
- 2017: 3,268 registrants; 2,769 finishers
 - 2016: 3,709 registrants; 3,083 finishers
 - 2015: 3,927 registrants; 3,194 finishers
 - 2014: 4,112 registrants; 3,612 finishers
 - 2013: 5,045 registrants; 4,248 finishers (35th Anniversary)
- PRIZE MONEY:** \$28,550 to the top finishers in the open, teams and masters divisions
- RESULTS:** Complete race results will be available Saturday afternoon at freihofersrun.com. The *Times Union* will also provide complete results in its Sunday, June 3 edition.