



FACT SHEET

WHAT: The 33rd Freihofer's Run for Women, a 3.1-mile road race featuring a 5k fitness run

WHEN: Saturday, June 4th, 2011 at 10 a.m.

WHERE: Madison Avenue at the NYS Museum

WHO: 5,000 recreational and elite runners from 29 states and 19 countries.

5K ROAD RECORDS:

- Run for Women Course Record — 15:12, Emily Chebet, '10
- World & U.S. All-Comers — 14:46, Meseret Defar (Carlsbad '06)
- U.S. Record Holder — 14:54, Deena Kastor (Carlsbad '02)
- Masters World & U.S. All-Comers — 15:48, Colleen DeReuck, (FRW '04)

MOST WINS: 8, Lynn Jennings (USA), 1987-88,1990,1993-96,1998

NATIONAL RECORDS: Carmen deOliveira (BRA), 15:39 (1992)

YOUNGEST/OLDEST INVITED COMPETITORS:

- Gloversville's Victoria Michalek, 91, and Alana Hadley, 14, from Charlotte, NC

TEAMS: 114 mother/ daughter and 59 sister/ sister will compete

RECENT FIELDS:

- 2010: 3,927 registrants; 3,522 finishers
- 2009: 4,029 registrants; 3,689 finishers
- 2008: 3,387 registrants; 3,099 finishers
- 2007: 3,123 registrants; 2,887 finishers
- 2006: 3,144 registrants; 2,680 finishers
- 2005: 3,510 registrants; 3,222 finishers

PRIZE MONEY: \$27,000 will be paid out to the top finishers in the open, teams and masters divisions

RESULTS: Complete race results will be available Saturday afternoon at freihoferstrun.com. The *Times Union* will also provide complete results in its Sunday, June 5th edition. Every runner will also be able to see her finish on video at timesunion.com.